

# March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Meals include Juice, Milk, and or water, fruit and vegetable	Alternatives include Hot Dogs, Pasta, Grilled Cheese & Chicken Tenders	1 Breakfast: Cereal Lunch: Fettuccine Alfredo w Chicken & broccoli	2 Breakfast: Bagel Lunch: Hot Dogs w/ French fries	3 Breakfast: Breakfast Quesadilla (Bacon egg, Cheese) Lunch: Pizza	4
5	6 Breakfast: Muffin Lunch: Chicken & Waffles	7 Breakfast: French toast sticks Lunch: Cheeseburger w/ lettuce & tomato	8 Breakfast: Cereal Lunch: Pasta Marinara	9 Breakfast: Bagel Lunch: Breaded Chicken & stuffing	10 Breakfast: Sausage, Egg, & Hashbrown Lunch: Pizza	11
12	13 Breakfast: Muffin Lunch: Turkey & Cheese Sandwich w/ lettuce & tomato	14 Breakfast: Cinnamon bun Lunch: Grilled Cheese w/ Chicken noodle soup	15 Breakfast: Cereal Lunch: Spaghetti & Meatballs	16 Breakfast: Bagel Lunch: Shredded BBQ chicken sandwich	17 Breakfast: Bacon & Eggs Lunch: Pizza	18
19	20 Breakfast: Muffin Lunch: Chicken tenders & mozzarella sticks	21 Breakfast: Waffles Lunch: Cheesesteak w/ pepper and onions	22 Breakfast: Cereal Lunch: Ravioli	23 Breakfast: Bagel Lunch: Empanadas w/ yellow rice	24 Breakfast: Sausage & cheese eggs Lunch: Pizza	25
26	27 Breakfast: Muffin Lunch: Chicken & Cheese sandwich w/ lettuce & tomato	28 Breakfast: Blueberry Pancakes Lunch: Tacos	29 Breakfast: Cereal Lunch: Baked Ziti	30 Breakfast: Bagel Lunch: Chicken Quesadilla	31 Breakfast: Bacon, egg, & hashbrown Lunch: Pizza	

