

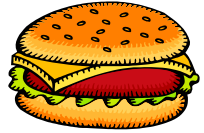



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>March 2021</h1> <h2>The Gramon Family of Schools</h2> <h3>Meal Menu</h3>					<p><b>Breakfast served with juice, water, milk, yogurt and a granola bar.</b></p> <p><b>Lunch served with juice, fruit, water, a vegetable and dessert.</b></p> 	
	1 <b>Breakfast:</b> Pancakes w/syrup. <b>Lunch:</b> Sloppy joe w/tater tots.	2 <b>Breakfast:</b> Breakfast muffin. <b>Lunch:</b> Pizza w/vegetable sticks and dip.	3 <b>Breakfast:</b> Cereal w/milk. <b>Lunch:</b> Tortellini w/marinara sauce & a dinner roll.	4 <b>Breakfast:</b> Breakfast muffin. <b>Lunch:</b> Sloppy joe w/tater tots.	5 <b>Breakfast:</b> Pancakes w/syrup. <b>Lunch:</b> Pizza w/vegetable sticks and dip.	6
7	8 <b>Breakfast:</b> Bacon, egg and cheese biscuit. <b>Lunch:</b> Chicken sliders w/fries.	9 <b>Breakfast:</b> Bagel w/cream cheese. <b>Lunch:</b> Pizza w/vegetable sticks and dip.	10 <b>Breakfast:</b> Cereal w/milk. <b>Lunch:</b> Tacos with all the fixings.	11 <b>Breakfast:</b> Bagel w/cream cheese. <b>Lunch:</b> Chicken sliders w/fries.	12 <b>Breakfast:</b> Bacon, egg and cheese biscuit. <b>Lunch:</b> Pizza w/vegetable sticks and dip.	13
14	15 <b>Breakfast:</b> French toast sticks. <b>Lunch:</b> Meatball parm sandwich w/chips..	16 <b>Breakfast:</b> Breakfast muffin. <b>Lunch:</b> Pizza w/cucumber and tomato salad.	17 <b>Breakfast:</b> Cereal w/milk. <b>Lunch:</b> Chicken quesadilla.w/salsa and sour cream.	18 <b>Breakfast:</b> Breakfast muffin. <b>Lunch:</b> Meatball parm sandwich w/chips.	19 <b>Breakfast:</b> French toast sticks. <b>Lunch:</b> Pizza w/cucumber and tomato salad.	20 
21	22 <b>Breakfast:</b> Yogurt & a breakfast bar. <b>Lunch:</b> Chicken tenders w/fries.	23 <b>Breakfast:</b> Bagel w/cream cheese. <b>Lunch:</b> Pizza w/vegetable sticks and dip.	24 <b>Breakfast:</b> Cereal w/milk <b>Lunch:</b> Macaroni and cheese.	25 <b>Breakfast:</b> Bagel w/ cream cheese. <b>Lunch:</b> Chicken tenders w/fries.	26 <b>Breakfast:</b> Yogurt and a breakfast bar. <b>Lunch:</b> Pizza w/vegetable sticks and dip.	27
28 	29 <b>Breakfast:</b> Waffles w/syrup. <b>Lunch:</b> Cheese steak w/mixed vegetables.	30 <b>Breakfast:</b> Breakfast muffin. <b>Lunch:</b> Pizza w/vegetable sticks and dip.	31 <b>Breakfast:</b> Cereal w/milk. <b>Lunch:</b> Ravioli w/garlic bread.	<b>Alternative lunches:</b> Pasta, PB&J, grilled cheese, chicken tenders or Hot dog.	<b>Gluten free lunch options:</b> Pasta, chicken tenders or hot dog served w/vegetables.	