Memo

To: Parents/Guardians  
From: Candace Galvez, Executive Director  
Date: February 4, 2022  
Re: Updated Travel Requirements  

In order to limit the spread of COVID-19 within our school community, the Gramon Family of Schools continues to follow the Centers for Disease Control (CDC) guidelines regarding travel throughout the U. S. and abroad.

**Domestic Travel**

For students traveling to or from New Jersey, domestic travel is considered to be any travel lasting 24 hours or longer to any U.S. states or territories other than Pennsylvania, New York, and Delaware.

Unvaccinated students who travel domestically should get tested 1-3 days before their trip and 3-5 days after travel and stay home and self-quarantine for 10 days after travel.

Fully vaccinated students and those who have recovered from COVID-19 in the past 3 months do not need to get tested or self-quarantine after travel. However, the CDC recommends fully vaccinated individuals self-monitor for COVID-19 symptoms, and isolate and get tested with a COVID-19 viral test if symptoms develop.

**International Travel**

Any student returning to the United States after traveling abroad, should get tested with a COVID-19 viral test 3-5 days after travel, self-monitor for COVID-19 symptoms, and isolate and get tested if symptoms develop. Unvaccinated students should stay home and self-quarantine for a full 10 days.

We very much appreciate your cooperation in this regard as we continue to safely operate our schools.