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THE GRAMON SCHOOL • GLENVIEW ACADEMY • NEW BEGINNINGS

January 12, 2022

Dear Parents/Guardians,

We have received notification that there has been an update regarding the CDC (Centers for Disease Control) Quarantine and Isolation guidelines since last week. Effective January 9, 2022, the CDC has issued the following COVID-19 Quarantine and Isolation guidelines. The Gramon Family of Schools guidelines have been updated to reflect these changes.

CDC Quarantine and Isolation Guidelines:

If a Student Tests Positive for COVID-19 (Isolate)

All students, regardless of vaccination status.

- Stay home for 10 days and isolate from others in the home.
- End isolation after 10 full days if fever-free for 24 hours (without the use of fever-reducing medication) and symptoms are improving.
- End isolation after at least 10 full days after a positive test result.
- If severely ill with COVID-19, continue to isolate and consult a medical professional before ending isolation.

If a Student is Exposed to COVID-19 and is **NOT up-to-date with COVID-19 vaccinations**

- Stay home and quarantine for at least 10 days
- Wear a well-fitted mask around others.
- Even if no symptoms develop, have student tested for COVID-19 test at least 5 days after close contact with someone with COVID-19.
- After quarantine
 - Continue to watch for symptoms after close contact with someone with COVID-19.
 - If symptoms develop isolate immediately and get tested.
 - Continue to stay home until test results are received.
 - Wear a well-fitted mask around others.

***Vaccinations **Not Up-to-date**:**

- **Over 5 months after completing your primary COVID-19 Vaccination series for Pfizer.**
- **Over 6 months after completing your primary COVID-19 vaccination series for Moderna**
- **Over 2 months after receiving your J&J/Janssen COVID-19 vaccination**
- **Student is not boosted or is unvaccinated**

If a Student was Exposed to COVID-19 and is up-to-date with COVID-19 vaccinations OR had confirmed COVID-19 within the past 90 days (student tested positive using a viral (PCR) test)

- Student does not need to stay home unless symptoms develop.
- Even if no symptoms develop, have student tested for COVID-19 at least 5 days after close contact with someone with COVID-19.

- Continue to watch for symptoms after close contact with someone with COVID-19.
- If student develops symptoms isolate immediately and get tested.
- Continue to stay home until results are received.
- Wear a well-fitted mask around others.

Up-to-Date Vaccinations:

- **Up to at least 5 months after completing your primary COVID-19 Vaccination series for Pfizer.**
- **Up to at least 6 months after completing your primary COVID-19 vaccination series for Moderna**
- **Up to at least 2 months after receiving your J&J/Janssen COVID-19 vaccination**
- **You are boosted**

Please be sure to send your child's updated COVID-19 vaccination information as well as any COVID-19 test results (negative or positive) to the school nurse.

Masking

Governor Murphy is extending the school mask mandate for the foreseeable future. Students will be required to continue to wear masks on school premises.

At-Home COVID-19 Test Kits

Effective January 15, 2022, insurance companies are required to cover up to eight home COVID-19 test kits per month for individuals covered under their plan. Individuals will be able to either purchase home testing kits for free under their insurance or submit receipts for the tests for reimbursement up to the monthly per-person limit.

Example: A family of four could be reimbursed up to 32 test kits per month. PCR tests and rapid tests ordered or administered by a health care provider will continue to be fully covered by insurance with no limit.

Free At-Home COVID-19 Test Kits by Mail

Later this month, the federal government will launch a website to begin making 500 million at-home COVID-19 test kits available by mail. More information will be shared once the website is launched.

Thank you for your support as we continue to navigate through this pandemic. We hope that everyone continues to stay safe, and we look forward to returning to on-site instruction on Tuesday, January 18, 2022.

If you have any questions, please contact your school administrators at 973-808-9555 for Gramon School/Glenview Academy or 973-882-8822 for New Beginnings.

Warm regards,

Candace Galvez

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Executive Director

